

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|
| 01 <ul style="list-style-type: none"> Chicken with orzo(yiouvetsi) Green mixed salad Banana <p>Lentils soup</p> | 02 <ul style="list-style-type: none"> Meatballs from smyrna soup Rice pilaf tomato salad Pear <p>Baked eggplants</p> | 03 <ul style="list-style-type: none"> Breaded cod fillet Potato salad with yogurt tartar sauce Orange <p>Grilled meat patties</p> | 04 <ul style="list-style-type: none"> Spaggetti bolognese Mixed green salad Apple <p>Cabbage with rice</p> | 05 <ul style="list-style-type: none"> Leek with rice Feta cheese Bread Banana <p>Chicken fillet with rice</p> |
| 08 <ul style="list-style-type: none"> Chicken grilled fillet with mustard sauce oven potatoes with mustard sauce Lettuce and cucumber salad Pear <p>Artichokes ala polita</p> | 09 <ul style="list-style-type: none"> Beef Meat patties Baked potatoes Tomato and cucumber Banana <p>Green beans in olive oil</p> | 10 <ul style="list-style-type: none"> Spinach and rice Feta cheese Bread Apple <p>Pasta carbonara</p> | 11 <ul style="list-style-type: none"> Pizza margharita Mixed green salad Banana <p>Eggplants imam</p> | 12 <ul style="list-style-type: none"> Stuffed tomatoes with rice(μόνο τομάτες) Feta cheese Bread Apple <p>Pasta napolitan</p> |
| 15 <ul style="list-style-type: none"> Chicken souvlaki Oven potatoes pita bread Tomato and cucumber salad Banana <p>Veggie patties</p> | 16 <ul style="list-style-type: none"> Pasta napolitan Greek salad Apple <p>μόνο σάλτσα</p> | 17 <ul style="list-style-type: none"> Green beans with potatoes Feta cheese Bread Dessert <p>Grilled meat patties</p> | 18 <ul style="list-style-type: none"> Burger with fresh minced meat, honey mustard sauce Traditional potatoes Tomatoes Apple <p>Veggie burger</p> | 19 <ul style="list-style-type: none"> Peas with potatoes in olive oil Feta cheese Bread Apple <p>Pasta carbonara</p> |
| 22 <ul style="list-style-type: none"> Pastitsio Tomato salad Banana <p>Artichokes with peas and potatoes</p> | 23 <ul style="list-style-type: none"> Beef in red sauce Saffron rice mixed green salad Banana <p>Leek with rice</p> | 24 <ul style="list-style-type: none"> Fish sticks Potato salad with sauce tartar Orange <p>Pasta napolitan</p> | 25 <ul style="list-style-type: none"> Beef Kebab Pita Yogurt sauce Baked potatoes Tomato Banana <p>Baked eggplants with tomatoes</p> | 26 <ul style="list-style-type: none"> Mixed Vegetables in olive oil(Briam) Feta cheese Bread Apple <p>Chicken grilled with rice</p> |

*Optional menu (Options to the daily choices only apply to grades 1-5 in Elementary school. Valid for card holders via gefsinus app)

