

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		08 <ul style="list-style-type: none"> <li>Pasta napolitan</li> <li>Greek salad</li> <li>Apple</li> </ul> Peas in olive oil	09 <ul style="list-style-type: none"> <li>Meatballs from smyrna</li> <li>Rice pilaf</li> <li>Mixed green salad</li> <li>Pear</li> </ul> Eggplants in oven	10 <ul style="list-style-type: none"> <li>Green beans</li> <li>Feta cheese</li> <li>Bread</li> <li>Orange</li> </ul> Pasta carbonara
13 <ul style="list-style-type: none"> <li>Pastitsio</li> <li>Tomato salad</li> <li>Banana</li> </ul> Spinach with rice	14 <ul style="list-style-type: none"> <li>Beef Meat patties</li> <li>Baked potatoes</li> <li>Mixed green salad</li> <li>Kiwi</li> </ul> Mixed vegetables in oven	15 <ul style="list-style-type: none"> <li>Fish sticks</li> <li>Rice pilaf</li> <li>Beet salad</li> <li>Orange</li> </ul> Pasta napolitan	16 <ul style="list-style-type: none"> <li>Stir fry noodles with vegetables (no mushroom)</li> <li>Tomato and cucumber</li> <li>Pear</li> </ul> Okra in the oven	17 <ul style="list-style-type: none"> <li>Stuffed tomatoes with rice(μόνο τομάτες)</li> <li>Feta cheese</li> <li>Bread</li> <li>Apple</li> </ul> Beef meat patties with rice
20 <ul style="list-style-type: none"> <li>Traditional mousaka</li> <li>Tomato and cucumber salad</li> <li>Kiwi</li> </ul> Chickpeas soup	21 <ul style="list-style-type: none"> <li>Pasta carbonara(with turkey)</li> <li>Mixed green salad</li> <li>Strawberries</li> </ul> Green beans in olive oil	22 <ul style="list-style-type: none"> <li>Green beans with potatoes</li> <li>Feta cheese</li> <li>Bread</li> <li>Dessert</li> </ul> Chicken fillet with rice	23 <ul style="list-style-type: none"> <li>Burger with fresh minced meat, honey mustard sauce</li> <li>Traditional potatoes</li> <li>Tomatoes</li> <li>Banana</li> </ul> Stuffed eggplants	24 <ul style="list-style-type: none"> <li>Mixed vegetables in olive oil(tourlou)</li> <li>Feta cheese</li> <li>Bread</li> <li>Apricot</li> </ul> Pasta napolitan
27 <ul style="list-style-type: none"> <li>Turkey fillet in lemon sauce</li> <li>Rice pilaf</li> <li>Tomato salad</li> <li>Banana</li> </ul> Green beans with potatoes	28 <ul style="list-style-type: none"> <li>Pizza margharita</li> <li>Mixed green salad</li> <li>Nectarine</li> </ul> Zucchini in olive oil and feta cheese	29 <ul style="list-style-type: none"> <li>Breaded cod fillet</li> <li>Potato salad with sauce tartar</li> <li>Orange</li> </ul> Pasta carbonara	30 <ul style="list-style-type: none"> <li>Beef in red sauce with orzo(yiouvetsi)</li> <li>Green mixed salad</li> <li>Apricot</li> </ul> Baked eggplants with tomato and feta cheese	31 <ul style="list-style-type: none"> <li>Mixed Vegetables in olive oil(Briam)</li> <li>Feta cheese</li> <li>Bread</li> <li>Apple</li> </ul> Chicken fillet with rice

\*Optional menu (Options to the daily choices only apply to grades 1-5 in Elementary school. Valid for card holders via gefsinus app)

