

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	6	7	8	9
<ul style="list-style-type: none"> Pastitsio Green salad Apple <input type="checkbox"/> <ul style="list-style-type: none"> * Chickpeas soup 	<ul style="list-style-type: none"> Beef soup Cabbage and carrot salad Bread Pear Pasta Napolitana	<ul style="list-style-type: none"> Peas with potatoes in olive oil Feta cheese Bread Orange Grilled beef patties	<ul style="list-style-type: none"> Meatballs napolitan Rice pilaf Lettuce cucumber Banana Mixed vegetables (Briam)	Half Day
12	13	14	15	16
<ul style="list-style-type: none"> Chicken grilled fillet Rice Pilaf *Salad with mixed greens Apple Okra	<ul style="list-style-type: none"> Beef With Orzo(yuvetsi) Cabbage and carrot salad Banana Spinach with rice	<ul style="list-style-type: none"> Spinach with rice Feta Cheese Bread Orange <input type="checkbox"/> Pasta Napolitana	<ul style="list-style-type: none"> Minced beef burger with honey mustard sauce Traditional potatoes Lettuce salad Banana Giant beans	<ul style="list-style-type: none"> Lentils soup Feta cheese Bread Dessert Grilled burgers
19	20	21	22	23
<ul style="list-style-type: none"> Chicken grilled fillet Mashed Potatoes Lettuce with cucumber salad Apple Mushroom soup	<ul style="list-style-type: none"> Meatballs soup with carrot and potatoes Cabbage and carrot salad Bread Pear Pasta napolitana	<ul style="list-style-type: none"> Breaded cod fillet Potato Salad Sauce tartar Orange <input type="checkbox"/> <input type="checkbox"/> Grilled beef patties	<ul style="list-style-type: none"> Pasta napolitan Cabbage & carrot salad Banana 	Winter Break
26	27	28	29	30
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break

*Optional menu (Options to the daily choices only apply to grades 1-5 in Elementary school. Valid for card holders via gefsinus app)

