



*Vegetarian choice upon prior request

MONDAY

BREAKFAST: *Banana
* Cream
* Water

LUNCH: * Chicken fillet with rice pilaf/**Chickpeas with leek and zucchini**
* Cucumber salad
* Water

TUESDAY

BREAKFAST : *Toast with turkey and cheese
* Water

LUNCH : *Burger with cheese-tomato and honey mustard sauce/**Veggie burger**
* Tomato salad
* Water

WEDNESDAY

BREAKFAST : * Cheese pie
* Water

LUNCH : *Pennes carbonara(with turkey)/**Pennes with tomato sauce**
*Carrot salad
* Water

THURSDAY

BREAKFAST : * Toast with turkey and cheese
* Water

LUNCH : * Beef kebab with yogurt sauce,pita bread&oven potatoes/**Green beans with fresh tomato & sweet potatoes**
* Tomatoes salad
* Water

FRIDAY

BREAKFAST : * Thessaloniki Simit (Koulouri)
* Apple
* Water

LUNCH : * Beef in red sauce with rice/**Peas with celery root flavored and fennel**
* Cucumber salad
* Water