

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
07	08	09	10	11
<ul style="list-style-type: none"> <li>Grilled chicken fillets in lemon sauce</li> <li>Rice pilaf</li> <li>green salad and cucumber</li> <li>Apple</li> </ul> <p>Green beans in olive oil</p>	<ul style="list-style-type: none"> <li>Meatballs ala mafia</li> <li>Mashed potatoes</li> <li>cabbage and carrot salad</li> <li>Pear</li> </ul> <p>Leek with rice</p>	<ul style="list-style-type: none"> <li>Leek with rice</li> <li>Feta cheese</li> <li>Bread</li> <li>Orange</li> </ul> <p>Pasta napolitan</p>	<ul style="list-style-type: none"> <li>Pizza margharitta</li> <li>Cabbage and carrot salad</li> <li>Banana</li> </ul> <p>Τοπική παραγωγή</p> <p>Eggplants in oven</p>	<ul style="list-style-type: none"> <li>Stir fry noodles with vegetables &amp; soy sauce(no mushrooms)</li> <li>cabbage and carrot salad</li> <li>Apple</li> </ul> <p>Mixes vegetables in olive oil(Briam)</p>
14	15	16	17	18
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
21	22	23	24	25
SPRING BREAK	SPRING BREAK	<ul style="list-style-type: none"> <li>Pasta napolitan</li> <li>Mixed green salad</li> <li>Banana</li> </ul> <p>Sofegado(mixed vegetables in oven with olive oil)</p>	<ul style="list-style-type: none"> <li>Burger with fresh minced meat,cheesehoney mustard sauce</li> <li>Country style potatoes</li> <li>Mixed green salad</li> <li>Apple</li> </ul> <p>Bean soup</p>	<ul style="list-style-type: none"> <li>Peas in olve oil with potatoes</li> <li>Feta cheese</li> <li>Bread</li> <li>Orange</li> </ul> <p>Pasta napolitan</p>
28	29	30	01	02
<ul style="list-style-type: none"> <li>Tradi tional pastitsio</li> <li>Green salad and cucumber</li> <li>Apple</li> </ul> <p>Spinach with groats,tomato and fennel</p>	<ul style="list-style-type: none"> <li>Kebab made from grilled fresh minced beef</li> <li>pita</li> <li>yogurt sauce &amp; paprika</li> <li>Baked potatoes</li> <li>Tomatoes</li> <li>Banana</li> </ul> <p>Green beans in olive oil with sweet potatoes</p>	<ul style="list-style-type: none"> <li>Cod fish with a crisp breaded crust</li> <li>Potato salad</li> <li>Tartar sauce</li> <li>Orange</li> </ul> <p>Pasta carbonara</p>	PUBLIC HOLIDAY	<ul style="list-style-type: none"> <li>Traditional stuffed tomaoes with rice(tomatoes only)</li> <li>Feta cheese</li> <li>Bread</li> <li>Pear</li> </ul> <p>Chicken fillet with rice</p>

\*Optional menu (Options to the daily choices only apply to grades 1-5 in Elementary school. Valid for card holders via gefsinus app)

