

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01	02	03	04	05
<ul style="list-style-type: none"> <li>Grilled chicken fillet</li> <li>Baby potatoes</li> <li>cabbage and carrot salad</li> <li>kiwi</li> </ul> <p>Chickpeas soup</p>	<ul style="list-style-type: none"> <li>Grilled meat patties</li> <li>Rice pilaf</li> <li>Mixed green salad</li> <li>Apple</li> </ul> <p>Leek&amp;Rice</p>	<ul style="list-style-type: none"> <li>Peas in olive oil</li> <li>Feta cheese</li> <li>Bread</li> <li>Orange</li> </ul> <p>Pasta napolitan</p>	<ul style="list-style-type: none"> <li>Meatballs in red sauce</li> <li>Mashed potatoes</li> <li>mixed green salad</li> <li>Banana</li> </ul> <p>Mixed vegetables in olive oil</p>	<ul style="list-style-type: none"> <li>Green beans in olive oil</li> <li>Feta cheese</li> <li>Bread</li> <li>Pear</li> </ul> <p>Pasta Carbonara</p>
08	09	10	11	12
<ul style="list-style-type: none"> <li>Pizza Margharita</li> <li>mixed green salad</li> <li>Pear</li> </ul> <p>Okra in olive oil</p>	<ul style="list-style-type: none"> <li>Chicken souvlaki</li> <li>Oven potatoes</li> <li>Cabbage and carrot salad</li> <li>Banana</li> </ul> <p>Spinach with rice</p>	<ul style="list-style-type: none"> <li>Half Day</li> </ul>	<ul style="list-style-type: none"> <li>Breaded crispy cod with Basmati rice</li> <li>Beet salad</li> <li>Tangerine</li> </ul> <p>Beef Patties with rice</p>	<ul style="list-style-type: none"> <li>Lentils soup</li> <li>Feta cheese</li> <li>Bread</li> <li>Dessert</li> </ul> <p>Pasta napolitan</p>
15	16	17	18	19
<ul style="list-style-type: none"> <li>Chicken nuggets</li> <li>Rice pilaf</li> <li>Mixed green salad</li> <li>Tangerine</li> </ul> <p>Mushroom soup</p>	<ul style="list-style-type: none"> <li>Meatballs soup with carrots and potatoes(yiouvarlakia)</li> <li>Cabbage and carrot salad</li> <li>Green apple</li> </ul> <p>Chickpeas soup with lemon</p>	<ul style="list-style-type: none"> <li>Peas in lemon sauce with potatoes</li> <li>Feta cheese</li> <li>Bread</li> <li>Orange</li> </ul> <p>Pasta carbonara</p>	<ul style="list-style-type: none"> <li>Beef burgers with cheese and bun</li> <li>Country potatoes</li> <li>mixed green salad</li> <li>Banana</li> </ul> <p>Cabbage and rice</p>	<ul style="list-style-type: none"> <li>Pasta napolitan</li> <li>Cabbage and carrot salad</li> <li>Pear</li> </ul> <p>Bean soup</p>

\*Optional menu (Options to the daily choices only apply to grades 1-5 in Elementary school. Valid for card holders via gefsinus app)

