## E gefsinus **WEEKLY MENU PLAN**

03 - 07/06/2024

Gefsinus Moussaka

Spinach - rice flavored with fresh onion & dill

Tortellini pasta with 4 cheeses





Fresh minced meatballs with feta cheese, mint & talantouri, served with mashed potatoes

Penne pasta gratin with bacon, vegetables, tomato & cheese

Tsakonian eggplants with olive oil stew

Roasted chicken

& potatoes with

orange

with orange sauce -





Beef with lemon sauce. carrots & mushrooms served with rice pilaf

Artichokes with peas & potatoes

Smyrna soutzoukakia

meat with rice pilaf

from our fresh minced



apaki

Linguini pasta with shrimps, fennel &

cherry tomatoes



Cretan carbonara with

whole linguini pasta &



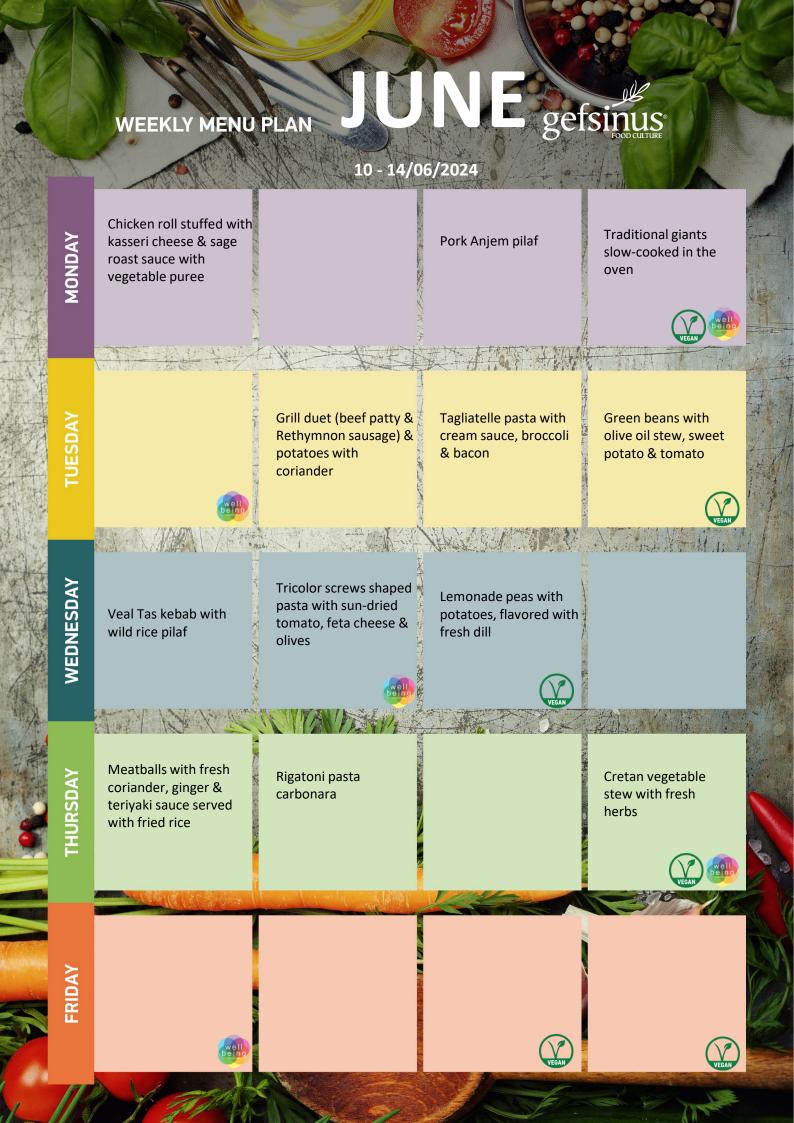
Fresh rotisserie chicken & potatoes with mustard

Baked okra with olive

oil stew

Tomatoes-peppers stuffed with minced meat





## JUNE gefsinus WEEKLY MENU PLAN 17 - 21/06/2024 Grilled Pork Steak with Tomato Sauce & baked Spaghetti pasta a la Potatoes/Roasted Putinesque Vegetables Artichokes alla Meatballs with tomato polita with sauce & sweet peppers vegetables & fresh & chickpea puree with leek Chicken kebab with corn pie & spicy Zucchini with anthotyro yogurt sauce & cheese & thyme baked potatoes with curry, rosemary, lemon & mustard Peas with olive oil stew, potatoes & Athenian pastitsio fresh dill Wholegrain spaghetti Mosaic of fresh Roast chicken with Traditional stuffed tarragon sauce & baked pasta with Bolognese smoked salmon with tomatoes-peppers with potatoes made from soy mince saffron sauce & potatoes ???€ boiled vegetables ???€ ???€ ???€

