

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
04 <ul style="list-style-type: none"> Patitsio cabbage and carrot Banana <p>Zucchini with mizithra cheese</p>	05 <ul style="list-style-type: none"> Grilled chicken leg fillet with lemon sauce Oven potatoes Mix green salad Apple <p>Leek with rice</p>	06 <ul style="list-style-type: none"> Peas in olive oil, fresh tomato & potatoes Feta cheese Bread Orange <p>Pasta napolitan</p>	07 <ul style="list-style-type: none"> Crepes with turkey and cheese Cucumber and lettuce salad Pear <p>Vegetable briam</p>	08 <ul style="list-style-type: none"> Lentils soup Feta cheese Bread Banana <p>Pasta carbonara</p>
11 <ul style="list-style-type: none"> Orzo with chicken(yiouvetisi) Cabbage and carrot salad Pear <p>Okra with olive oil</p>	12 <ul style="list-style-type: none"> Beef in red sauce Rice Mixed green salad Banana <p>Spinach with rice</p>	13 <ul style="list-style-type: none"> Fish soup beet salad Bread Orange <p>Pasta napolitan</p>	14 <ul style="list-style-type: none"> Burger with fresh minced meat, honey mustard sauce Traditional potatoes Tomatoes Apple <p>Giant beans</p>	15 <ul style="list-style-type: none"> Spinach with rice Feta cheese Bread Orange <p>Pasta carbonara</p>
18 <ul style="list-style-type: none"> Chicken souvlaki Oven potatoes Cucumber and lettuce salad Banana <p>Mushroom soup</p>	19 <ul style="list-style-type: none"> Pasta napolitan cabbage and carrot Pear <p>Chickpeas with lemon</p>	20 <ul style="list-style-type: none"> Fish sticks Potato salad with yogurt tartar sauce Orange <p>Pasta carbonara</p>	21 <ul style="list-style-type: none"> Grilled meat patties Rice Mixed green salad Banana <p>Cabbage with rice</p>	22 <ul style="list-style-type: none"> Pizza margharita Cabbage and carrot salad Apple <p>Pumpkin soup</p>
27	28	29	30	01
Winter Break				

*Optional menu (Options to the daily choices only apply to grades 1-5 in Elementary school. Valid for card holders via gefsinus app)

