

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				7
				<ul style="list-style-type: none"> • Codfilletinbatter • Potato salad with yogurt tartar sauce • Orange *Pasta Napolitana
10	11	12	13	14
<ul style="list-style-type: none"> • Chicken 'souvlaki' • Mashed potatoes • Lettuce-cucumber salad • Banana *Tri-colored lentil soup with carrot cream	<ul style="list-style-type: none"> • Kebab • Pita bread • Yogurt • Baked potatoes • Tomato • Banana *Leek & rice	<ul style="list-style-type: none"> • Baked giant beans • Feta cheese • Bread • Orange *Grilled chicken fillets	<ul style="list-style-type: none"> • Meatballs in tomato sauce with peppers • Rice with saffron • 'Politiki' cabbage salad • Pear *Peas with celeriac & fennel	<ul style="list-style-type: none"> • Staffed tomatoes with rice & herbs • Feta cheese • Bread • Dessert *Pasta Carbonara
17	18	19	20	21
<ul style="list-style-type: none"> • Chicken meatballs with tomato sauce • Rice with saffron • Cabbage-carrot salad • Apple *Bean soup	<ul style="list-style-type: none"> • Beef 'Youvetsi' • 'Pandesia' salad • Banana *Peas cooked in lemon sauce with artichokes	<ul style="list-style-type: none"> • Green beans cooked in olive oil • Feta cheese • Bread • Orange *Pasta Napolitana	<ul style="list-style-type: none"> • Meatballs 'Giouvarlakia' with carrot&potato (no egg-lemon sauce) • 'Politiki' salad • Clementine *Braised cabbage with white & red quinoa, Florina peppers & cumin	<ul style="list-style-type: none"> • Chickpea soup • Feta cheese • Bread • Orange *Pasta Carbonara
24	25	26	27	28
<ul style="list-style-type: none"> • Lasagne Bolognese • Cabbage-carrot salad • Apple *Briam	<ul style="list-style-type: none"> • Beef burger with honey-mustard sauce • Traditional potatoes • Lettuce salad • Pear *Borlotti beans cooked in a pot with chervil, spinach & fennel	<ul style="list-style-type: none"> • Cod fillet in batter • Potato salad with yogurt tartarsauce • Orange *Pasta Napolitana	<ul style="list-style-type: none"> • Pizza Margherita • Green salad • Pear *Chickpeas cooked in a pot	<ul style="list-style-type: none"> • Spinach & rice • Feta cheese • Bread • Dessert Pasta Carbonara
31	1	2	3	4
<ul style="list-style-type: none"> • Grilled chicken fillets • Baby potatoes • Cabbage-carrot salad • Apple *Lentil soup	<ul style="list-style-type: none"> • Grilled meat patties • Baked potatoes with mustard • Lettuce-cucumber salad • Banana *Artichokes a la polita	<ul style="list-style-type: none"> • Green beans cooked in olive oil with potatoes • Bread • Feta cheese • Orange *Chicken fillets	<ul style="list-style-type: none"> • Meatballs a la mafia • Rice with saffron • 'Politiki' cabbage salad • Pear *Briam	<ul style="list-style-type: none"> • Pasta Napolitana • Lettuce-cucumber salad • Apple

*Optional menu (Options to the daily choices only apply to grades 1-5 in Elementary school. Valid for card holders via gefsinus app)

