

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
HOLIDAY	<ul style="list-style-type: none"> Cod fillet breaded Potato salad with yogurt tartar Orange <p>Spaghetti carbonara</p>	<ul style="list-style-type: none"> Peas with potatoes Feta cheese Bread Apple <p>Grilled burgers</p>	<ul style="list-style-type: none"> Neapolitan meatballs Rice pilaf Cucumber tomato salad Pear <p>Black-eyed beans</p>	<ul style="list-style-type: none"> Briam Feta Cheese Bread Dessert <p>Neapolitan spaghetti</p>
9	10	11	12	13
<ul style="list-style-type: none"> Grilled chicken fillet with mustard sauce Rice pilaf Cucumber tomato salad Strawberries <p>Okra</p>	<ul style="list-style-type: none"> Screws pasta with minced meat Green salad Apple <p>Spinach with rice</p>	<ul style="list-style-type: none"> Sifneika chickpeas Feta Cheese Bread Orange <p>Grilled chicken fillets</p>	<ul style="list-style-type: none"> Moussaka Greek salad Banana <p>Bakery giants</p>	<ul style="list-style-type: none"> Pizza Margarita Green salad Pear <p>Braised cabbage with white & red quinoa</p>
16	17	18	19	20
<ul style="list-style-type: none"> Chicken "Souvlaki" Baked potatoes Feast salad Apple <p>Peas with potatoes</p>	<ul style="list-style-type: none"> Burger With fresh minced meat, honey mustard sauce Traditional potatoes Lettuce Banana <p>Zucchini ragou with cream cheese</p>	<ul style="list-style-type: none"> Green Beans with potatoes Feta Cheese Bread Dessert <p>Neapolitan spaghetti</p>	<ul style="list-style-type: none"> Spaghetti Neapolitan Green salad Pear Only sauce <p>Tourlou vegetables with feta cheese</p>	<ul style="list-style-type: none"> "Gemista" (tomatoes only) Feta Cheese Bread Strawberries <p>Spaghetti carbonara</p>
23	24	25	26	27
<ul style="list-style-type: none"> Grilled chicken fillet with mustard sauce Rice with saffron Cucumber lettuce salad Apple <p>Red bean hull bean</p>	<ul style="list-style-type: none"> Cod fillet breaded Potato salad with yogurt tartar sauce Banana <p>Grilled burgers</p>	<ul style="list-style-type: none"> Spinach rice Feta Cheese Bread Orange <p>Chicken fillets</p>	<ul style="list-style-type: none"> Pasticcio Ceasar's salad Nectarine 	<ul style="list-style-type: none"> Licorice with vegetables & curry Cucumber tomato salad Strawberry <p>SpagheTT Neapolitan</p>
30	31	01	02	03
<ul style="list-style-type: none"> Chicken kopanaki kontosouvli Rustic baked potatoes with peppers Greek salad Banana 	<ul style="list-style-type: none"> Beef kebab pie yogurt sauce Baked potatoes Tomato Apple 	<ul style="list-style-type: none"> Pizza Margarita Green salad Pear <p>Eggplants "imam"</p>	<ul style="list-style-type: none"> Neapolitan meatballs Mashed potatoes Cucumber tomato salad Strawberries <p>Okra</p>	<ul style="list-style-type: none"> "Gemista" (tomatoes only) Feta Cheese Bread Strawberries <p>Spaghetti carbonara</p>

*Optional menu (Options to the daily choices only apply to grades 1-5 in Elementary school. Valid for card holders via gefsinus app)

