

MONDAY	2	3	WEDNESDAY	4	THURSDAY	5	FRIDAY	6
<ul style="list-style-type: none"> Chicken nuggets Rice pilaf Mixed green salad Tangerine <p>Bean soup</p>		<ul style="list-style-type: none"> Meatballs in red sauce Mashed potatoes tomato and cucumber Banana <p>Peas in lemon sauce with celery</p>	<ul style="list-style-type: none"> Pasta napolitan Cabbage and carrot salad Pear <p>Leek and rice</p>		<ul style="list-style-type: none"> Beef in red sauce Rice pilaf Green salad with cucumber Banana <p>Orzo with vegetables</p>		<ul style="list-style-type: none"> Pizza Margharita mixed green salad kiwi <p>Baked eggplants with tomato and feta cheese</p>	
	9	10	11	12				13
<ul style="list-style-type: none"> Beef with orzo (yiouvetsi) Mixed green salad Banana <p>Mushroom soup</p>		<ul style="list-style-type: none"> Beef Meat patty Rice pilaf Cabbage and carrot salad Kiwi <p>Black beans with purslane</p>	HALF DAY		<ul style="list-style-type: none"> Beef Kebab yoburt sauce With country potatoes tomato pita bread Pear <p>Green beans in olive oil</p>		<ul style="list-style-type: none"> Spinach with rice Feta cheese Bread Pear <p>Pasta napolitan</p>	
	16	17	18	19				20
<ul style="list-style-type: none"> Pasta bolognese Mixed green salad Banana <p>Lentils soup</p>		<ul style="list-style-type: none"> Chicken fillet thigh in red sauce Mashed potatoes Cucumber salad Green apple <p>Okra in olive oil</p>	<ul style="list-style-type: none"> Breaded crispy cod Rice pilaf Beet salad Green apple <p>Pasta napolitan</p>		<ul style="list-style-type: none"> Turkey patty Grilled Vegetables(no mushrooms) Green apple <p>Veggie patty</p>		<ul style="list-style-type: none"> Peas in red sauce Feta cheese Bread Kiwi <p>Pasta Carbonara</p>	
	23	24	25	26				27
<ul style="list-style-type: none"> Clean Monday 		<ul style="list-style-type: none"> Pastitsio cabbage and carrot salad Green apple <p>Carrot soup</p>	<ul style="list-style-type: none"> Giant Beans in oven Feta Cheese Bread Orange <p>Chicken fillet with rice</p>		<ul style="list-style-type: none"> Beef Burger with cheese and Honey mustard sauce Country potatoes Tomato Kiwi <p>Veggie burger</p>		<ul style="list-style-type: none"> Pasta napolitan Cabbage and carrot salad Pear 	

*Optional menu (Options to the daily choices only apply to grades 1-5 in Elementary school. Valid for card holders via gefsinus app)

