

MONDAY		WEDNESDAY		THURSDAY		FRIDAY	
2		3		4		5	6
<ul style="list-style-type: none"> • Chicken nuggets • Rice pilaf • Mixed green salad • Tangerine Bean soup		<ul style="list-style-type: none"> • Meatballs in red sauce • Mashed potatoes • tomato and cucumber • Banana Peas in lemon sauce with celery	<ul style="list-style-type: none"> • Pasta napolitan • Cabbage and carrot salad • Pear Leek and rice	<ul style="list-style-type: none"> • Beef in red sauce • Rice pilaf • Green salad with cucumber • Banana Orzo with vegetables		<ul style="list-style-type: none"> • Pizza Margharita • mixed green salad • kiwi Baked eggplants with tomato and feta cheese	
9		10	HALF DAY	11		12	13
<ul style="list-style-type: none"> • Beef with orzo (yiouvetsi) • Mixed green salad • Banana Mushroom soup		<ul style="list-style-type: none"> • Beef Meat patty • Rice pilaf • Cabbage and carrot salad • Kiwi Black beans with purslane		<ul style="list-style-type: none"> • Beef Kebab yoburt sauce • With country potatoes • tomato • pita bread • Pear Green beans in olive oil		<ul style="list-style-type: none"> • Spinach with rice • Feta cheese • Bread • Pear Pasta napolitan	
16		17		18		19	20
<ul style="list-style-type: none"> • Pasta bolognese • Mixed green salad • Banana Lentils soup		<ul style="list-style-type: none"> • Chicken fillet thigh in red sauce • Mashed potatoes • Cucumber salad • Green apple Okra in olive oil	<ul style="list-style-type: none"> • Breaded crispy cod • Rice pilaf • Beet salat • Green apple Pasta napolitan	<ul style="list-style-type: none"> • Turkey patty • Grilled Vegetables(no mushrooms) • Green apple Veggie patty		<ul style="list-style-type: none"> • Peas in red sauce • Feta cheese • Bread • Kiwi Pasta Carbonara	
23		24		25		26	27
<ul style="list-style-type: none"> • Clean Monday Carrot soup		<ul style="list-style-type: none"> • Pastitsio • cabbage and carrot salad • Green apple Chicken fillet with rice	<ul style="list-style-type: none"> • Giant Beans in oven • Feta Cheese • Bread • Orange Chicken fillet with rice	<ul style="list-style-type: none"> • Beef Burger with cheese and Honey mustard sauce • Country potatoes • Tomato • Kiwi Veggie burger		<ul style="list-style-type: none"> • Pasta napolitan • Cabbage and carrot salad • Pear 	

*Optional menu (Options to the daily choices only apply to grades 1-5 in Elementary school. Valid for card holders via gefsinus app)

