

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>03</p> <ul style="list-style-type: none"> <li>Traditional pastitsio</li> <li>Cabbage and carrot salad</li> <li>Apple</li> </ul> <p>Bean soup</p>	<p>04</p> <ul style="list-style-type: none"> <li>Meatballs with mint sauce</li> <li>Oriental rice</li> <li>Cabbage and carrot salad</li> <li>Pear</li> </ul> <p>Peas with celery</p>	<p>05</p> <ul style="list-style-type: none"> <li>Peas in olive oil with potatoes</li> <li>Feta cheese</li> <li>Bread</li> <li>Orange</li> </ul> <p>Pasta carbonara</p>	<p>06</p> <ul style="list-style-type: none"> <li>Grilled patties</li> <li>Rice pilaf</li> <li>green salad and cucumber</li> <li>Banana</li> </ul> <p>Orzo with vegetables</p>	<p>07</p> <ul style="list-style-type: none"> <li>Pasta napolitan</li> <li>Mixed green salad</li> <li>Kiwi</li> </ul> <p>Baked eggplants with tomato and cheese</p>
<p>10</p> <ul style="list-style-type: none"> <li>Grilled chicken fillets</li> <li>baked baby potatoes</li> <li>green salad and cucumber</li> <li>Apple</li> </ul> <p>Mushroom soup</p>	<p>11</p> <ul style="list-style-type: none"> <li>Beef in red sauce</li> <li>Rice with saffron</li> <li>Cabbage and carrot</li> <li>Banana</li> </ul> <p>Black beans with scallions</p>	<p>12</p> <p>Half day</p>	<p>13</p> <ul style="list-style-type: none"> <li>Pizza margharitta</li> <li>Mixed green salad</li> <li>Kiwi</li> </ul> <p>Green beans with olive oio</p>	<p>14</p> <ul style="list-style-type: none"> <li>Spinach with rice</li> <li>Feta cheese</li> <li>Bread</li> <li>Orange</li> </ul> <p>Pasta napolitan</p>
<p>17</p> <ul style="list-style-type: none"> <li>Lentils soup</li> <li>Feta cheese</li> <li>Bread</li> <li>Kiwi</li> </ul> <p>Pasta carbonara</p>	<p>18</p> <ul style="list-style-type: none"> <li>Cod fish with a crisp breaded crust</li> <li>Potato salad</li> <li>Tartar sauce</li> <li>Orange</li> </ul> <p>Chicken fillet with rice</p>	<p>19</p> <p>Half Day</p>	<p>20</p> <ul style="list-style-type: none"> <li>Chicken kebab</li> <li>corn pita</li> <li>yogurt sauce</li> <li>oven potatoes</li> <li>potatoes</li> <li>Tomato</li> <li>Banana</li> </ul>	<p>21</p> <ul style="list-style-type: none"> <li>Noodles stir fry with vegetables(no mushroom)</li> <li>Cabbage and carrot salad</li> <li>Apple</li> </ul> <p>Vegatarian mousaka</p>
<p>24</p> <ul style="list-style-type: none"> <li>Penne Pasta au gratin (with turkey and cheese)</li> <li>Cabbage and carrot salad</li> <li>Apple</li> </ul> <p>Peas in olive oil</p>	<p>25</p> <ul style="list-style-type: none"> <li>Burger with fresh minced meat,cheesehoney mustard sauce</li> <li>Country style potatoes</li> <li>Mixed green salad</li> <li>Banana</li> </ul> <p>Veggie burger</p>	<p>26</p> <ul style="list-style-type: none"> <li>Giant Beans in oven</li> <li>Feta cheese</li> <li>Bread</li> <li>Dessert</li> </ul> <p>Pasta napolitan</p>	<p>27</p> <ul style="list-style-type: none"> <li>Meatballs with tomato sauce and sweet peppers</li> <li>Rice pilaf</li> <li>Cabbage and carrot salad</li> <li>Pear</li> </ul> <p>Mixes vegetables in ocen (Briam)</p>	<p>28</p> <ul style="list-style-type: none"> <li>Traditional stuffed tomaoes with rice(tomatoes only)</li> <li>Feta cheese</li> <li>Bread</li> <li>Orange</li> </ul> <p>Pasta carbonara</p>

\*Optional menu (Options to the daily choices only apply to grades 1-5 in Elementary school. Valid for card holders via gefsinus app)

