



# THINGS TO DO IN THE SUMMER

## #1: READ

*“Reading is to the mind, what exercise is to the body.”  
Joseph Addison*

### LINKED READING LISTS

- [Rising 9th graders](#)
- [Rising 10th graders](#)
- [Rising 11th graders](#)
- [Rising 12th graders](#)

Watch yourself become a faster reader and as a result you will spend less time doing homework in the fall!

## #2: EXPLORE YOUR PASSIONS

It takes around 10K hours to master a skill (Erikson)..  
Imagine what you can do with your free time this summer!

Whether you decide to go scuba diving, learn to knit, write short plays, learn to cook a new meal, try gardening, start a new collection, or create an art collage: **try to commit to that activity daily in order to master it.**

### Useful LINKS

- [Explore Internship Opportunities \(mainly USA based\)](#)
- [Volunteering Guide](#)
- [The Passion Profile Quiz](#)

## #3: RELAX AND REPLENISH

Four science-based reasons taking time off will actually benefit you [\(LINK\)](#).

*“Deep summer is when laziness finds respectability.” Sam Keen*

— SAM KEEN

