

THINGS TO DO IN THE SUMMER

#1:READ

"Reading is to the mind, what exercise is to the body."

Joseph Addison

LINKED READING LISTS



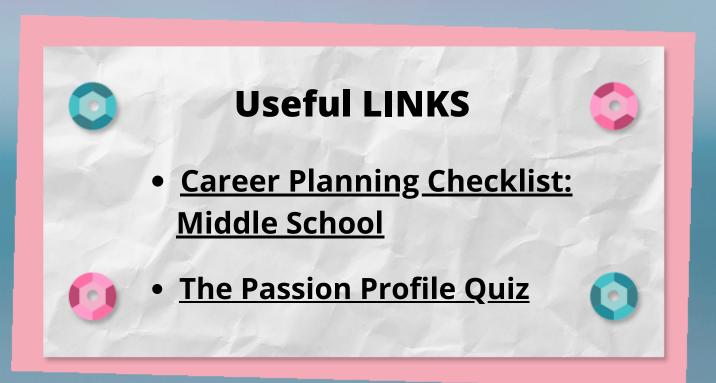
Watch yourself become a faster reader and as a result you will spend less time doing homework in the fall!

#2:EXPLORE YOUR PASSIONS

It takes around 10K hours to master a skill (Erikson)...

Imagine what you can do with your free time this summer!

Whether you decide to go scuba diving, learn to knit, write short plays, learn to cook a new meal, try gardening, start a new collection, or create an art collage: try to commit to that activity daily in order to master it.



#3:RELAXIAND REPLENISH

Four science—based reasons taking time off will actually benefit you <u><LINK</u>>.

"Deep summer is when laziness finds respectability." Sam Keen