

SOCIAL STUDIES DEPARTMENT

IB PSYCHOLOGY

Dear incoming student of IB Psychology,

Welcome! You are about to embark upon a wonderful journey, that of IB Psychology. Psychology is the systematic and scientific study of human behavior and mental processes. It is a fascinating subject, highly academic and all the while practical, as it relates closely to our daily lives.

Even though the study of IB Psychology is very interesting it is quite rigorous. Throughout the duration of the course we will be looking closely at highly influential psychological theories and examining research studies which help provide support for these theories.

As a summer assignment you are being invited to engage in reading one (or more) of the following “thought-books”.

We will be referring to these books throughout our 2 years together as they help build an understanding of psychological theories as well as cross-cultural issues in diagnosis and treatment.

Even though these readings are optional please know that by reading and reflecting on them you will have gained a head start in psychology beginning September.

Have a safe and joyful summer 😊

