

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02	03	04	05	06
- Tortellini pasta with 4 cheeses sauce - Mixed green salad - Strawberries Spinach and rice	- Meatballs ala mafia - Mashed potatoes - Tomato cucumber - Orange Beans with fennel	- Pizza margharitta - tomato and cucumber salad - Banana Artichokes with peas	- Grilled meat patty - Rice oiaf - Mixed green salad - Apricot Okra in olive oil	- Traditional stuffed tomaoes with rice(tomatoes only) - Feta cheese - Bread - Pear Pasta napolitan
09	10	11	12	13
Whit Monday	- Lasagna pasta Bolognese with mozzarella cheese - Cucumber sticks - Pear Oven baked zucchini	- Orzo with vegetables (yiouvetsi) - Cherry Tomatoes - Nectarine Pasta napolitan	- Cod fish with a crisp breaded crust - Potato salad - Tartar sauce - Orange Meat patty with rice	- Stir fry noodles with vegetables & soy sauce(no mushrooms) - Mixed green salad - Apple Green beans in olive oil
16	17	18	19	20
- Chicken fillet in lemon sauce - Oven Potatoes - tomato salad - Apple Peas in lemon sauce	- Meatballs napolitan - Rice with saffron - Mixed green salad - Strawberries Artichokes ala polita	- Spinach with rice - Feta cheese - Bread - Dessert Pasta carbonara	- Tradi tional pastitsio - Green salad and cucumber - Apple Peas with olive oil	
26	27	28	29	30

*Optional menu (Options to the daily choices only apply to grades 1-5 in Elementary school. Valid for card holders via gefsinus app)

