

MONDAY		WEDNESDAY		THURSDAY		FRIDAY	
01	02	03	04	05	06	07	08
	<ul style="list-style-type: none"> Meatballs with feta cheese Yogurt Sauce Mashed potatoes Green salad mixed Apple <p>Imam Eggplants</p>	<ul style="list-style-type: none"> Pasta napolitan Cabbage and carrot salad Banana <p>Artichokes ala polita</p>	<ul style="list-style-type: none"> Chicken skewers oven potatoes mixed green salad Straberries <p>Okra in olive oil</p>	<ul style="list-style-type: none"> Green beans in red sauce Feta cheese Bread Orange <p>Pasta carbonara</p>	09	10	11
08	09	10	11	12	13	14	15
<ul style="list-style-type: none"> Pasta bolognese tomato salad Banana <p>Spinach and rice</p>	<ul style="list-style-type: none"> Beef Meat patty Counry potatoes Mixed green salad Melon <p>Oven baked zucchini with tomato and cheese</p>	<ul style="list-style-type: none"> Breaded crispy cod Rice pilaf Beet salat Apple <p>Pasta napolitan</p>	<ul style="list-style-type: none"> Chicken meatballs Rice pilaf Green salad and cucumber Apricot <p>Briam mixed vegetables in oven</p>	<ul style="list-style-type: none"> Peas in olive oil Feta cheese Bread Orange <p>Pasta Carbonara</p>	16	17	18
15	16	17	18	19	20	21	22
<ul style="list-style-type: none"> Chicken nuggets country potatoes Tomato salad Apple <p>Oven baked mixed vegetables</p>	<ul style="list-style-type: none"> Beef in red sauce Wild rice Cucumber salad Melon <p>Artichokes ala polita</p>	<ul style="list-style-type: none"> Pizza margheritta Tomato salad Nectarine <p>Spinach with groats</p>	<ul style="list-style-type: none"> Pastitsio Mixed green salad Banana <p>Peas in olive oil</p>	<ul style="list-style-type: none"> Pasta napolitan carrot and cucumber salad Grenn Apple 	23	24	25
25	26	27	28	29	30	31	

*Optional menu (Options to the daily choices only apply to grades 1-5 in Elementary school. Valid for card holders via gefsinus app)

