

MONDAY		WEDNESDAY		THURSDAY		FRIDAY			
2	<ul style="list-style-type: none"> Chicken patty Country potatoes Tomato Green apple <p>Lentils soup</p>	3	<ul style="list-style-type: none"> Beef in lemon sauce Rice basmati Mixed green salad Banana <p>Beans with herbs</p>	4	<ul style="list-style-type: none"> Pasta napolitan Cabbage and carrot salad Pear <p>Artichokes ala polita</p>	5	<ul style="list-style-type: none"> Pizza Margharita mixed green salad apple <p>Peas in lemon sauce</p>	6	<ul style="list-style-type: none"> Green beans in olive oil Feta cheese Bread Kiwi <p>Pasta carbonara</p>
9	<ul style="list-style-type: none"> Pasta bolognese Mixed green salad Banana <p>Chickpeas soup</p>	10	<ul style="list-style-type: none"> Meatballs ala mafia Mashed potatoes Cabbage and carrot salad Kiwi <p>Cabbage with rice</p>	11	<ul style="list-style-type: none"> Breaded crispy cod Rice pilaf Beet salad Green apple <p>Pasta napolitan</p>	12	<ul style="list-style-type: none"> Beef Kebab yoburt sauce With country potatoes tomato pita bread Pear <p>Eggplants in oven with tomato</p>	13	<ul style="list-style-type: none"> Penne 4 cheeses Mixed green salad Banana <p>Black-eyed beans</p>
16	<ul style="list-style-type: none"> Pastitsio cabbage and carrot salad Green apple <p>Stew Vegetables in oven</p>	17	<ul style="list-style-type: none"> Noodles stir fry with vegetables Cucumber salad Pear <p>Oveb Giant beans</p>	18	<ul style="list-style-type: none"> Half Day 	19	<ul style="list-style-type: none"> Chicken skewers Grilled Vegetables(no mushrooms) Banana <p>Okra in olive oil</p>	20	<ul style="list-style-type: none"> Stuffed tomatoes Feta cheese Bread Kiwi <p>Pasta Napolitan</p>
23	<ul style="list-style-type: none"> Chicken nuggets Rice pilaf Mixed green salad Tangerine <p>Leek&rice</p>	24	<ul style="list-style-type: none"> Beef in red sauce with orzo tomato salad Apple <p>Green beans in olive oil</p>	25	<ul style="list-style-type: none"> Greek independence day 	26	<ul style="list-style-type: none"> Beef Burger with cheese and Honey mustard sauce Country potatoes Tomato Kiwi <p>Veggie burger</p>	27	<ul style="list-style-type: none"> Peas in olive oil Feta cheese Bread Kiwi <p>Pasta carbonara</p>
30	<ul style="list-style-type: none"> Chicken with farfale Mixed green salad Pear <p>Bean soup</p>	31	<ul style="list-style-type: none"> Smyrna meatballs (soutzoukakia) Rice pilaf Tomato salad Green apple <p>Baked eggplants with tomato</p>	01	<ul style="list-style-type: none"> Pasta napolitan Cabbage and carrot salad Banana <p>Okra in olive oil</p>	02	<ul style="list-style-type: none"> Meat patty Rice pilaf Green salad mixed Apple <p>Fava with tomato & onion</p>	03	<ul style="list-style-type: none"> Western Good Friday

*Optional menu (Options to the daily choices only apply to grades 1-5 in Elementary school. Valid for card holders via gefsinus app)

