

02 - 06/03/2026

MONDAY

Chicken patty with oven-baked potatoes

Penne gratin with bacon, vegetables, tomato & cheese

Lentil soup



TUESDAY

Grilled kebab made from fresh ground beef, served with pita, yogurt-paprika sauce, and oven-baked potatoes

Stir-fried noodles with vegetables, ginger, & soy sauce

Casserole beans with herbs, spinach & fresh dill



WEDNESDAY

Grilled chicken fillets & Oven-baked potatoes with roasted vegetables

Wholegrain spaghetti pasta with soy mince Bolognese

Artichokes à la Polita



THURSDAY

Meatballs made from fresh minced meat, baked with feta, mint, ouzo & Cypriot talantouri cheese & Mashed potatoes

Peas with lemon, potatoes & herbs

Linguine pasta with cream, fresh mushrooms, & white wine



FRIDAY

Chicken thigh kontosouvli & Oven-baked potatoes with curry, rosemary & mustard

Green beans with olive oil stew & fresh tomato

Rigatoni with Syglino of Mani, cherry tomatoes, mushrooms, orange & fresh thyme



09 – 13/03/2026

## MONDAY

Baked lasagna with spinach, chicken, graviera cheese & estragon

Tortellini with tomato cream, peas, ham & basil

Sifnian-style baked chickpeas flavored with rosemary



## TUESDAY

Meatballs a la Mafia & Rice pilaf

Penne with four cheeses

Cabbage - rice with aromatic herbs



## WEDNESDAY

Fresh chicken roulade with wine sauce & vegetables & Oven-baked baby potatoes

Veal Tas Kebab & Traditional hilopites pasta with egg

Three-color lentil soup with anise



## THURSDAY

Oat patties with tyrozouli cheese, buttermilk, tomato, pepper & basil & groats with herbs

Baked Tsakonian eggplants with tomato

Crepes with spicy chicken & peppers, tomato & smoked cheese



## FRIDAY

Meatballs made from fresh chicken mince with tomato & marjoram sauce & Pilaf rice with peas

Black-eyed beans casserole with savory

Pork souvlaki with pita, yogurt, dill & Oven-baked potatoes with mustard



16 - 20/03/2026

## MONDAY

Chicken fajitas with beer, colorful peppers, coriander & lime – Basmati rice

Pastitsio with fresh minced meat

Mixed stewed vegetables with feta (feta served separately)



## TUESDAY

Yiouvarlakia with egg-lemon sauce, potatoes and carrots

Penne with chicken bites, mushrooms, cream & Cretan graviera cheese

Oven giants



## WEDNESDAY

Pork with lemon, mustard & Florina pepper – Pilaf rice with turmeric

Spinach & rice with fresh herbs

Barley with vegetables, baked in the oven



## THURSDAY

Breaded cod fillet in a crispy crust & Potato salad with yogurt tartar sauce

Meatballs made from fresh minced meat with saser sauce – Pilaf rice with apricots & raisins

Okra in olive oil with fresh tomato



## FRIDAY

Chicken in a crispy Parmesan & parsley batter – Mashed potatoes with Parmesan

Traditional stuffed tomatoes and peppers with rice & fresh herbs – Oven-baked potatoes

Stewed black beans



23- 27/03/2026

MONDAY

Roast chicken with pepper gravy sauce & Oven-baked potatoes with coriander

Leek & rice



Lasagna pasta with colorful vegetables au gratin

TUESDAY

Pork shoulder Kleftiko style with tyrozouli cheese & Oven-baked baby potatoes

Green beans in olive oil with sweet potato & tomato



Beef Hünkar Beğendi with Roasted eggplant purée

WEDNESDAY

**PUBLIC HOLIDAY**

THURSDAY

Traditional Rethymno sausages & Oven-baked baby potatoes with cherry tomatoes

Tortellini with cheese cream & crispy bacon

Chickpeas with tomato, cumin & Florina pepper



FRIDAY

Meatballs made from fresh minced meat with mint sauce & Rice with Kozani saffron

Mount Athos-style wholegrain spaghetti pasta with tarama, tomato & olives



Fresh chicken, tandoori style – Couscous with colorful vegetables



MONDAY

Whole wheat penne with tomato & vegetable sauce & anthotyro cheese

Bean soup with carrot & celery

Chicken thigh fillet giouvetsi with groats & aged mizithra cheese



TUESDAY

Smyrna-style meatballs & Risotto with diced vegetables

Penne pasta with apaki (smoked pork), zucchini & cherry tomatoes flavored with marjoram

Baked eggplants with tomato & cheese (cheese served separately)



WEDNESDAY

Chicken thigh stew with lemon & thyme – Mashed potatoes with thyme & Katiki Domokou cheese

Tagliatelle with beef ragout & finely chopped vegetables

Okra with olive oil stew



THURSDAY

Fava with tomato & onion

Grilled patties & Oven-baked potatoes / Roasted vegetables

Breaded cod fillet with a crispy crust & Potato salad with yogurt tartar sauce



FRIDAY

