## MAY



05 - 09/05/2025

MONDA

Chicken with sweet chili sauce & basmati rice

Pork escalopes with Mavrodaphne wine sauce & porcini mushrooms served with mashed potatoes with katiki cheese & thyme

Spinach & rice with



**LUESDAY** 

Beef kebab with pita, yogurt & paprika sauce & potatoes with mustard Tortellini pasta with four cheeses

Black beans stew





VEDNESDAY

Roast chicken thigh with mustard sauce & oven-baked potatoes

Peas with in lemon sauce

Tricolor fusilli pasta with sun-dried tomatoes, feta cheese & olives



tomatoe & olives

THURSDAY

Smyrnaean Soutzoukakia with rice pilaf

Tandoori chicken with yogurt sauce & Rice

Traditional imam eggplants

Spaghetti pasta Carbonara(with bacon)





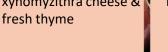


Braised zucchini with xynomyzithra cheese & fresh thyme

Lentil soup



pilaf







# MAY

## gefsinus

12 - 16/05/2025

HONDAY

Oven-baked pork belly with petimezi, anise & coriander & mashed potatoes

Sifnos chickpeas baked with lemon & dill

Athenian pastitsio





MONTH WORK

Breaded cod fillet with a crispy crust & potato salad with yogurt tartar sauce

Beef burger with goat cheese & honey mustard sauce, served with traditional potatoes

Cretan vegetable sofegado with fresh herbs





VEDNESDAY

Country-style chicken thigh with peppers & rice saffron

Oven-baked pork shoulder with dark beer & smoked paprika served with potatoes with caramelized onion & feta cheese

Baked eggplants with tomato



**THURSDAY** 

Meatballs with red sauce (Ala Mafia) & pilaf rice

Noodles stir-fry with colorful vegetables, soy sauce & fresh ginger

Peas with olive oil stew & potatoes





Marinated pork kontosouvliwith paprika & oven-baked baby potatoes with cherry tomatoes & rosemary

Stuffed tomatoespeppers with potatoes





Farfalle pasta with salmon



## MAY



19 - 23/05/2025

MONDA

Traditional Moussaka Gefsinus Lentil & rice with vegetables & curry

Tagliatelle pasta with spinach cream, leek & feta cheese





Cretan Carbonara with wholegrain linguine pasta, apaki & marjoram

Braised green beans with potatoes

Grilled meatballs with feta cheese, mint, ouzo & Cypriot tandoori, served with rice with turmeric





Chicken thigh with lemon sauce & oven baked potatoes with fresh oregano

Penne pasta au gratin

Spinach with rice, tomato & fennel







Grilled beef patties with oven-baked potatoes

Sicilian rigatoni pasta

Stuffed eggplant



Chicken mosaic with oven-baked potatoes with curry, rosemary, lemon & mustard

Tourlou vegetables



Beef yiouvetsi



FRIDAY



26 - 30/05/2025

Linguine pasta with milk cream, mushrooms & white wine

Pork Bekri Meze with sausages, peppers & mushrooms & pilaf rice Green beans with olive oil stew & fresh tomato





Breaded cod fillet with a crispy crust – Potato salad with yogurt tartar sauce

Athenian pastitsio

Briam







Crepes with spinach

Peas with lemon sauce, artichokes & carrots



basmati rice

Chicken thigh fillet

with red curry, lime

& basil served with





Meatloaf stuffed with mushrooms & mustard sauce served with mashed potatoes with Parmesan cheese

Chicken burger with

brioche bun

Penne with vegetable cubes, tomato & anthotyro cheese



Baked eggplants with tomato, feta cheese & fresh basil

Vegetable yiouvetsi

Stuffed tomatoes & peppers with potatoes



