



# ACS Athens PTO Newsletter

# FEBRUARY 2021

The ACS Athens PTO hopes you have enjoyed a happy start to the New Year. We have been exploring different ways to express our hope and faith in the upcoming year. We would like to ask you to submit your lockdown poems or art for publication in a future PTO Newsletter. Please send to [pto@acs.gr](mailto:pto@acs.gr).

Expressing yourself through poetry is a beautiful way to get your feelings on the page - and work can also be published anonymously.

### Lockdown Poem

Some of us  
by Julie Sheldon

Some of us must stay at home  
And not go out the door  
Some of us are working  
Like we've never worked before

Some of us feel positive  
And think that we're in charge  
Some of us feel anxious  
And fear the world at large

Some of us are falling out  
With siblings, Dads, and Mothers  
Some of us are reaching out  
And looking after others

Some of us have footpaths  
To cycle, walk, and jog  
Some of us have nowhere nice  
To even walk the dog

Some of us are keeping busy  
Doing lots of jobs  
Some of us have given up.....  
We're turning into slob

Some of us are welcoming  
New babies being born  
Some of us have lost loved ones  
And cannot truly mourn

Some of us are playing games  
And learning brand new hobbies  
Some of us are still 'no good'  
And watching out for Bobbies

None of us will ever know  
What's really going on  
None of us will think the same  
When all of this is done

Some of us have lots of friends  
To text with and to phone  
Some of us have no one  
And feel that we're alone

All of us can choose to spend  
Our days in fear and dread.....BUT  
All of us can choose to plan  
For better days ahead

## ACS ATHENS PTO WALK, BIKE, RUN 4 FUN

A big thanks to everyone who took part in the PTO 10 km Virtual Walk, Bike, Run 4 Fun - it was a great success! All registrants were eligible for prizes - here are the winners:

### ACS merchandise

<https://www.acsathenseshop.gr/>

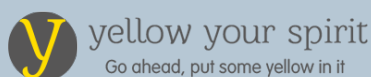
Tim Francis, Alexander Korasidis, Vasiliki Drakou, Nefeli Venetsanou, Juhani Platt, Stamati Zacharos, Angelina Kambanis, Crisallia Kedra, Labrini Rontogiannis, Eleni Ioannou



**ACS Athens**  
American Community Schools

**30 min Online Yoga Class from Yellow Your Spirit** - Elina Karamichou

<http://yellowyourspirit.com>



**2 Family Passes to the Benaki Museum** - Ioannis Serafeimidis, Taku Aramaki

<https://www.benaki.org/index.php?lang=en>



**Online Tai Chi Class from Golden Elixir** - Josephine Soulantika Ghioka

<https://www.goldenelixir.gr>



Click here to see more photos:

<https://bit.ly/3r05ijt>

## MENTORING PROGRAM FOR UNACCOMPANIED MINORS WITH THE PROUD PROJECT

If you are interested in becoming a mentor for teenagers and young adults visit the Proud Project

<https://careforminors.eu/mentors/>

## SPORT SHOE DRIVE AND HOUSE T-SHIRT DAYS

Contact the Athletics Office to donate used sports shoes

<https://bit.ly/3j0ftbw>

and remember the First Friday of every month wear your House colors and get points!!

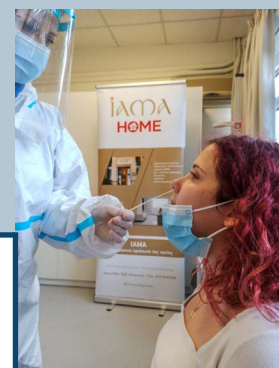


## GOOD NEWS FOR GARITTOU GATE

The ACS Safety Committee met with the city of Chalandri and ACS has ordered supplies and safety lights - when they arrive the city will install them

## ACS TEACHERS AND FACULTY TESTED FOR COVID

Covid testing was available at the Schools' Health Centre for all staff and faculty on January 31st



## VACCINATION UPDATES

Covid 19 health reminders and information about the Covid 19 vaccination on the PTO internal website at

<https://bit.ly/3d6VJlb>

## YOUR PTO BOARD

Connecting Supporting Informing from Campus to Computer follow us on fb <https://www.facebook.com/ACSathensPTO/>

join our fb Community Share Page <https://bit.ly/3jL4VDn>

Recordings and minutes of all Parent and Principal meetings

<https://bit.ly/3qieoVm>