

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
09 <ul style="list-style-type: none"> Pastitsio tomato salad Banana <p>Cretan sofegado (mixed vegetables)</p>	10 <ul style="list-style-type: none"> Grilled Meat patties Rice pilaf Cucumber and lettuce salad Pear <p>Zucchini in red sauce with anthotyro cheese</p>	11 <ul style="list-style-type: none"> Peas in olive oil with potatoes Feta cheese Bread Kiwi <p>Pasta Carbonara</p>	12 <ul style="list-style-type: none"> Beef in red sauce with orzo(yiouvetsi) Mixed green salad Apple <p>Beans in oven with spinach fennel</p>	13 <ul style="list-style-type: none"> Pasta napolitan tomato and cucumber salad Bread Banana <p>Fava with tomatoes and capers</p>
16 <ul style="list-style-type: none"> Chicken fillet with bbq sauce Oven potatoes Cabbage and carrot salad Pear <p>Eggplants in olive oil</p>	17 <ul style="list-style-type: none"> Grilled beef kebab pita yogurt tomato Baked potatoes Apple <p>spinach and rice</p>	18 <ul style="list-style-type: none"> Spinach and rice Feta cheese Bread Apple <p>Pasta napolitan</p>	19 <ul style="list-style-type: none"> Pizza margharita Mixed green salad Banana <p>Green beans in olive oil</p>	20 <ul style="list-style-type: none"> Traditional vegetable Briam with tomato Feta cheese Bread Apple Pasta carbonara
23 <ul style="list-style-type: none"> Traditional Mousaka Greek salad (separate feta cheese) Kiwi <p>Vegetables mousaka</p>	24 <ul style="list-style-type: none"> Burger with fresh minced meat,cheesehoney mustard sauce Country style potatoes Mixed green salad Banana Zucchini in olive oil 	25 <ul style="list-style-type: none"> Vegetables with orzo (yiouvetsi) Tomato salad Apple <p>Chicken fillet with rice</p>	26 <ul style="list-style-type: none"> Beef Meatballs ala mafia Rice with saffron Cucumber and lettuce salad Pear <p>Cabbage with quinoa</p>	27 <ul style="list-style-type: none"> Lentil soup Feta cheese Bread Dessert <p>Pasta napolitan</p>
30 <ul style="list-style-type: none"> Crepes with turkey and cheese green salad and cucumber Pear <p>Green beans in olive oil</p>	01 <ul style="list-style-type: none"> Pasta carbornara (with turkey) cabbage and carrot Banana <p>Spinach with goats tomato and fennel</p>	02 <ul style="list-style-type: none"> Giant beans feta cheese Bread Orange <p>Meat patties with rice</p>	03 <ul style="list-style-type: none"> Turkey fillets with Florini pepper sauce Mashed potatoes Cucumber and lettuce salad Kiwi <p>Beans beads</p>	04 <ul style="list-style-type: none"> Peas in olive oil Feta cheese Bread Apple <p>Pasta napolitan</p>

*Optional menu (Options to the daily choices only apply to grades 1-5 in Elementary school. Valid for card holders via gefsinus app)

