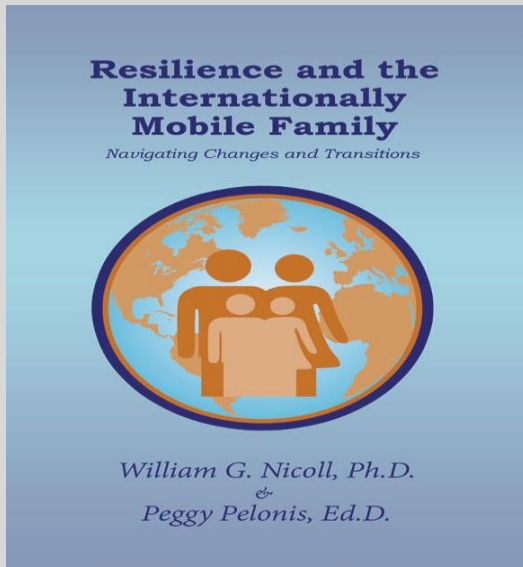


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# ***RESILIENCE and the INTERNATIONALLY MOBILE FAMILY: Navigating Changes and Transitions***



Dr. William G. Nicoll & Dr. Peggy Pelonis outline the stages of change and the challenges of transition experienced by internationally mobile families. The authors provide practical assistance enabling parents, youth, and international school personnel to better recognize and successfully navigate through the challenges of an international transition. Concrete strategies are offered for both parents and international educators to develop resilience in children and families thereby aiding them in fully realizing the positive, life-changing, and life-enriching experience of international life.

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## **Reviewer Comments**

*In a world where more and more families are moving globally, William G. Nicoll and Peggy Pelonis join theory and practice as they discuss the paradoxical dynamics of these changes. After explaining how different stages of transition frequently present, they offer concrete strategies for how parents and educators can help build resilience during these times. A timely book!*

**Ruth E. Van Reken, B.S., R.N., D.L.(h.c.),**  
co-author *Third Culture Kids: Growing Up Among Worlds* 3rd edition;  
co-founder, *Families in Global Transition*

*Resilience and the Internationally Mobile Family is an invaluable resource for anyone in the planning stage or in the process of relocating to another country. It shines a light on the many psychological and cultural pitfalls and benefits of such a life-changing decision and offers countless strategies and resources to deal with the disruptions to normal life.*

**Bill Oldread, Assistant Director,**  
East Asia Regional Council of Overseas Schools (EARCOS)

*The authors provide not only good advice and support but do so in an encouraging way, seeing the undoubted challenges as opportunities to enrich the experience of the whole family.*

**Dr Jeff Thompson, CBE,**  
Professor Emeritus, University of Bath, UK.

*Resilience and the Internationally Mobile Family is a must read for parents and educators who work with internationally mobile families as well as anyone who supports these families at home and abroad, to navigate the many changes and transitions that they will experience over the course of their various travels and assignments. Written by experts in the field, who have not only done their research, they practice what they advocate.*

**Barbara Coloroso,**  
author and educator

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